

## RESOURCES

If you are not eligible for County medical care, services may be available at one of the sites listed below. In case of a life-threatening emergency, go to the nearest emergency room, or call 911.

### MEDICAL RESOURCES AND CLINICS

These resources may require payment at the time of service.

**\*The Effort Medical Clinic**

1820 J Street

5:30 p.m. - 8:30 p.m., Mon. - Fri.

Fee for service MediCal accepted. Sliding scale fees. Walk-in service and appointments available.

~~446-6467~~

325-5556

**\*Watt Avenue Medical Clinic**

5710 Watt Avenue, North Highlands

9 a.m. - 4:00 p.m. Mon. - Thur. 9 a.m. - 1:00 p.m. Friday.

MediCal accepted. Walk-in and appointments.

MediCal Managed Care site for Omni, Blue Cross and River City.

Interpreters for Russian, Spanish, Persian, Punjabi and Hindu.

344-8866

**\*Molina Medical Clinics**

7215 55th Street

399-1100

2370 Fruitridge Road

399-1600

3234 Marysville Blvd.

646-1200

7400 Sunrise Blvd., Citrus Heights

722-2227

1900 T Street

447-1273

3946 Norwood Ave.

564-0521

3 Court Street, Woodland

688-9293

905 Spring Street, Placerville

622-9630

All clinics are open 8:30 a.m. - 5:30 p.m., Mon. - Fri.

Norwood Ave. clinic is also open on Saturdays, 8:30 a.m. to 4:30 p.m.

SSI MediCal accepted. Straight Medi-Cal must pick a plan.

Appointments and Walk-ins.

**\* Immediate Care Medical Clinic**

331-2800

5339 Elkborn Blvd.

No MediCal unless patient has Medicare also. Can make payment plan. Open 9 a.m. to 9 p.m. seven days a week. Walk-in only, no appointments needed. Should check in before 8 p.m.

**\*Sacramento Family Medical Clinics**

2326 Del Paso Blvd. #C

923-2229

2727 W. Capitol Avenue, West Sacramento

371-2275

2737 Woodbury Way #103, Rancho Cordova

363-2229

4730 47th Ave.

391-2229

6137 North Watt Ave. #5, North Highlands

339-2229

Open 8:00 a.m. to 5:00 p.m. for appointments only.

Fee for service MediCal. Accept River City, Blue Cross.

only if assigned (GMC's)

**\*Sacramento Family Medical Clinic \*Midtown Urgent Care**

3000 L Street, Suite 114

737-7123

Open from 6:00 p.m. to 12:00 a.m. Monday through Friday

Open Saturdays, Sundays from 10 a.m. to 8 p.m.

**\*Health For All**

448-6553

923 V St.

Open Mon. Tues. Wed. Thurs. Fri. at 9 a.m. and some Sat. Hours vary.

MediCal, Molina and Omni accepted.

Appointments only.

Immigration physicals. Interpreters for Russian and Spanish.

**\*Las Palmas School Clinic**

927-6703

577 Las Palmas Ave, North Sacramento

9 a.m. - 1 p.m. and 2 p.m. - 5 p.m., Mon.-Fri.

MediCal accepted. Open to students and their families

Appointments and walk-ins. Take Molina, Omni and RiverCity/Foundation

Open Saturday 9 a.m. - 5 p.m. - depending on Dr.'s schedule.

**\*Freeport School Clinic**

427-0368

2118 Meadowview Road, Sacramento.

Mon. 1:30 p.m. to 10 p.m.

Tues. 9 a.m. to 2 p.m.

Wed. 10 a.m. to 10 p.m. Saturday according to Dr.'s schedule.

MediCal, Molina and Omni accepted. Open to non-insured under 18 under CHDP guidelines.

Adults and children can be seen for a fee (MediCal or private pay).

MediCal Managed Care, Molina and Omni accepted

Appointments preferred.

- \*Davis Community Clinic 758-2060  
2040 Sutter Place, Davis, CA  
Hours 8 a.m. - 5 p.m. Call for hours of different specialty clinics.  
MediCal accepted. Sliding scale.  
Appointments; walk-ins accepted Tues & Thurs 6 p.m.-6:30 p.m.
- \*Yolo Health Alliance 666-8960  
Peterson Community Clinic  
8 North Cottonwood Street  
Woodland, CA  
8 a.m. - 12 p.m., 1 - 5 p.m., Mon. - Fri. Closed Sat. and Sun.  
MediCal accepted, sliding scale.  
Walk-ins accepted 8 a.m. M-F
- \*John Jones Community Clinic 371-1966  
950 Sacramento Avenue  
West Sacramento, CA  
9 a.m. - 5 p.m., Mon. - Fri. Closed Saturday and Sunday  
MediCal accepted, sliding scale.  
By appointment only.  
Drug detox and counseling for teens and adults.  
Perinatal program; HIV testing on Thursdays.
- \*Clinica Tepati 440-5305  
1500 C St.  
9 a.m. - 2 p.m. Saturdays only.  
Free clinic run by UCDCMC medical students.  
Spanish speaking providers available.
- \*Mercy Clinic/Norwood 929-8575  
3911 Norwood Ave.  
8 a.m.-5 p.m., Mon. - Fri.  
Appointments only. Children and adults.

- \*Mercy Prompt Care Clinic 453-4049  
4000 J St. adjacent to the Mercy General Hospital Emergency Room.  
M-F 2 p.m. to 12 a.m.; Sat. and Sun. 12 p.m. - 12 a.m.  
MediCal accepted.  
Walk-in only. Urgent care.
- \*Mercy Emergency Satellite Clinic 537-5117  
6501 Coyle Ave., Carmichael, CA.  
Adjacent to Mercy San Juan Hospital Emergency Room.  
12 noon to 11:30 p.m. daily  
MediCal accepted.  
Walk-in only. Urgent care.  
No appointments.
- \*Sacramento Urban Indian Health Clinic 441-0924  
2020 J Street, Sacramento 95814  
8:30 a.m. - 12 p.m. 1 p.m. - 5:30 p.m. Mon - Fri.  
MediCal accepted. Sliding fee scale. No walk-ins.  
Appointments only. Geographic Managed Care patient must be  
assigned to this clinic under Blue Cross.
- \*Salud Clinic 375-6400  
500 B Jefferson Blvd., Ste 180, West Sacramento 95605  
8 a.m. - 12 p.m., 1 p.m. - 5 p.m., Mon. - Fri. FAX 375-6413  
MediCal accepted. Open to eligible residents of Yolo County.  
Appointments encouraged. Walk-ins 8 a.m. M-F  
Teen Clinic - Tues & Wed 12:30 p.m. - 5:00 p.m.  
YCHIP County Program
- \*Sutter Health Care Center 635-3572  
1941 Zinfandel Dr., Rancho Cordova, CA  
7:30 a.m. - 6 p.m., Mon. - Fri. Last patient at 4:30 p.m.  
MediCal accepted.  
Walk-in, immediate care, appointments for children's immunizations  
and physicals.

## \*White Rock Family Clinic

364-0734

10487 White Rock Road

Rancho Cordova, CA 95670

Mon. Tues. Wed. Fri. 8 a.m. to 12 noon - 1 p.m. - 5 p.m.

Thur. 1:30 p.m. - 9 p.m.

Family Practice, Pediatrics, Internal Medicine, Women's  
Health, Physical Exams

Do not accept MediCal or private insurance.

Open to non-insured.

## \*ForteMED Medical Center

395-0826

7248 South Land Park Drive #105

Sacramento, CA 95831

9 a.m. to 6 p.m. Mon - Fri; closed 12:45 to 1:45 for lunch.

Accepts Medicare, MediCal, River City Foundation, Blue Cross

General Practice; Back &amp; Neck pain management; occupational health;

personal injury and motor vehicle accidents.

DENTAL REFERRAL LIST

## \*MediCal/DentiCal Referrals

1-800-322-6384

WOMEN'S SERVICES

## \*Planned Parenthood

446-5037

Call this number for information on different centers through out the region.

MediCal accepted. Sliding scale.

## \*Feminist Women's Health Specialists

451-0621

3401 Folsom Blvd. Suite A.

9 a.m. - 5 p.m. Mon. - Fri., Sat. 9 a.m. to 12 noon.

Services available on Saturdays by appointment.

MediCal accepted.

Appointments only.

Walk-ins for pregnancy testing only.

## \*Capital Family Planning Hotline

1-800-942-1054

## \*Sutter Women's and Children's Health

733-7000

5271 F St. Bldg. C. Sacramento

8 a.m. - 5 p.m. Mon. - Fri.

MediCal accepted. Sliding scale.

Perinatal care, teen pregnancy, and gynecological care available.

Walk-ins for pregnancy test only.

**\*Sutter Women's and Children's Health**

733-7000

5271 F St. Bldg. C. Sacramento

8 a.m. - 5 p.m. Mon. - Fri.

MediCal accepted. Sliding scale.

Perinatal care, teen pregnancy, and gynecological care available.

Walk-ins for pregnancy test only.

**\*Nia Birthing Project**

442-2229

1810 S Street

9:00 a.m. - 12:00 p.m. and 1p.m. - 5:00 p.m. Mon-Wed-Thurs-Fri  
are Clinic Days.

Provides Family Planning and OB care. Accepts women up to the 7th month of pregnancy. Provides social services as well as OB care. Geographic Managed Care contracts with Omni, Blue Cross, River City/Foundation, Molina and Kaiser. Accepts straight MediCal and is free to those who need family planning services

**MENTAL HEALTH SERVICES****\*Sacramento County Mental Health Services**

875-7070

Call this number for information on County-funded Mental Health services.

**\*Sacramento Mental Health Treatment Center and 24-hour Crisis Hotline**

875-1000

2150 Stockton Blvd.

24 hours, daily.

Lobby open until 10:55 p.m. Enter through the back after 10:55 p.m.

4/24/98



## **Clinics for DMV Physical & Exams**

### **Med Center**

6651 Madison Ave  
Carmichael, CA 95608-0696  
(916) 965-1111

### **The Doctors Center Medical Group Incorporated**

4948 San Juan Ave  
Fair Oaks, CA 95628-4606  
(916) 966-6287

### **Comprehensive Medical Center**

3600 Power Inn Rd, Ste G  
Sacramento, CA 95826-3826  
(916) 454-1423